Monday:

ADULT GYMNASTICS/ YOGA

Wednesday:

BODY SCULPTING

E3D PERFORMANCE FITNESS

Ezell Dawes III

6788478275

edawes3@gmail.com

&

Jasmine Fuller

7708803774

jfuller2191@gmail.com

COLLEGE PARK TUMBLEWEEDS

"Changing your workout could change your life."

Friday:

CARDIO

COST:

$10.00 per day

Monthly fee at request

WHERE:

Hugh C. Conley Recreation Center

3636 College St. College Park, GA 30337

TIME: 12:00-1:00